

# HOW TO BOOK A WELLBEING CLASS

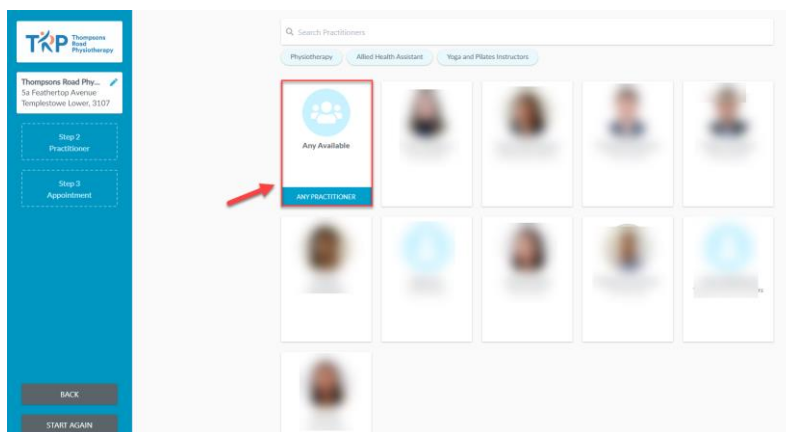
(yoga, mobility, mat pilates)

Wellbeing class bookings can be made online, in person at Thompsons Road Physiotherapy or by calling us on 03 9850 4437.

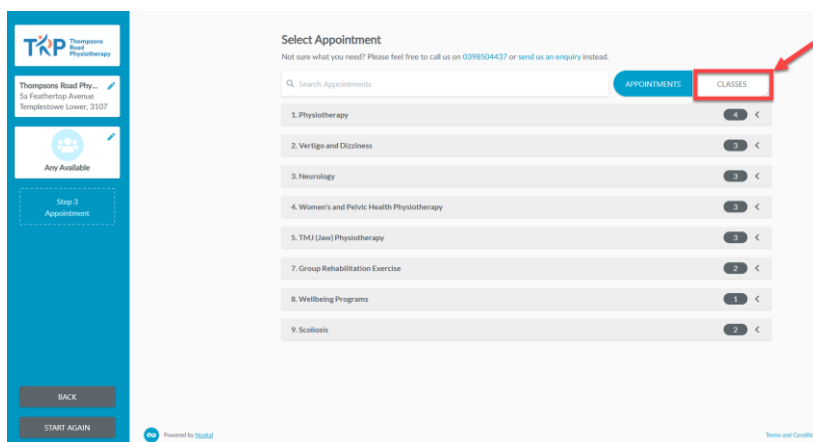
1. Select the **BOOK ONLINE** button

**BOOK ONLINE**

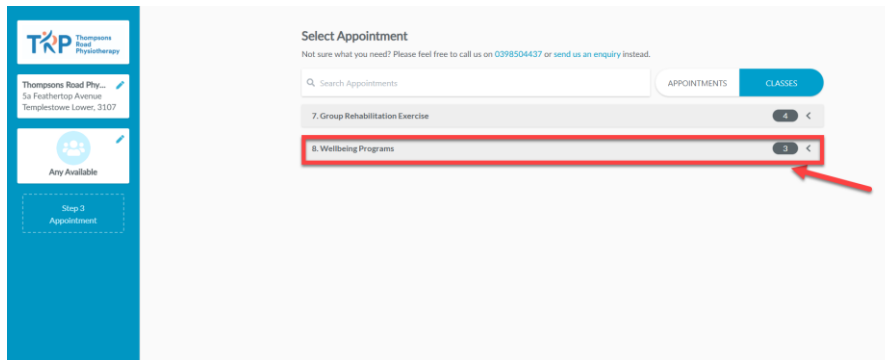
2. Select the **ANY PRACTITIONER** box.



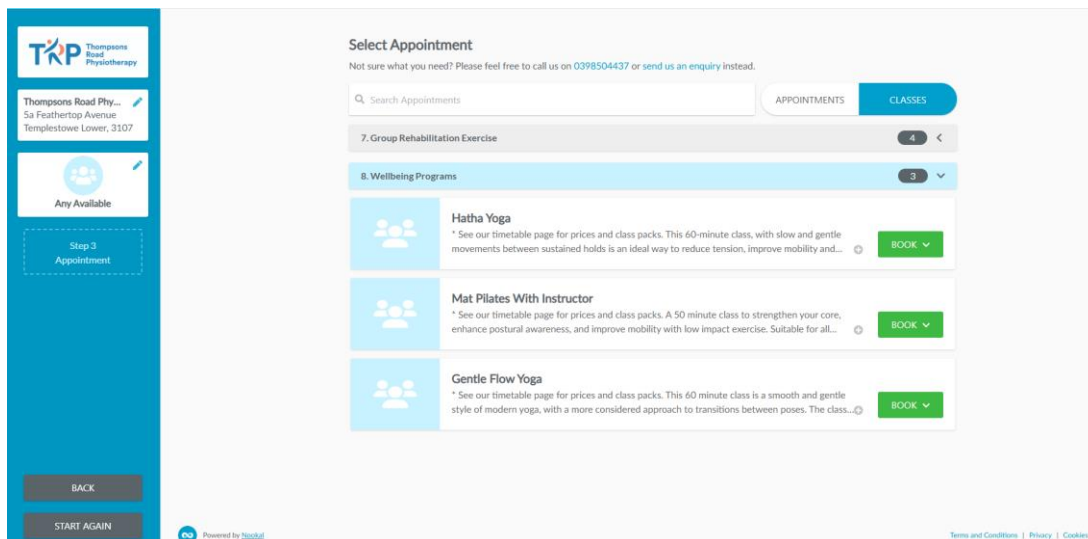
3. You are now provided a menu of options. Select the **CLASSES** tab in the top right corner



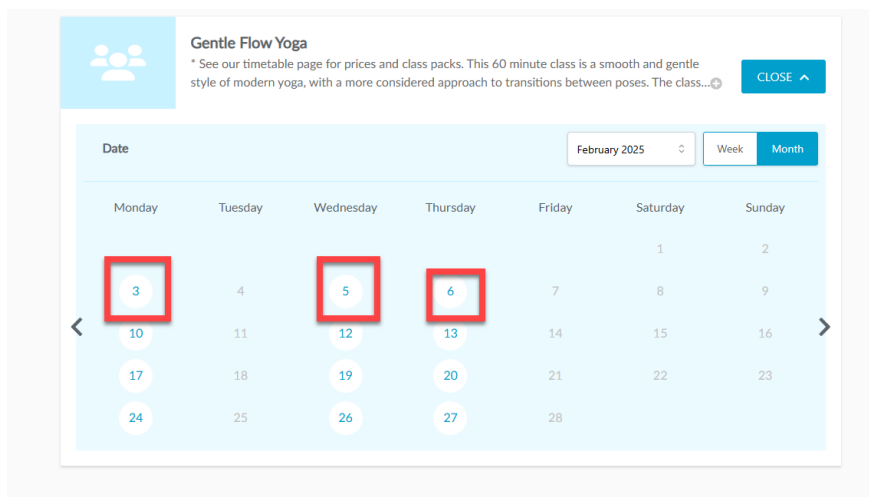
4. Select the **Wellbeing Programs** option.



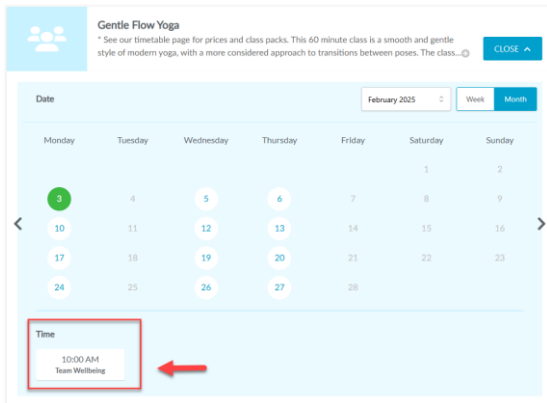
5. Here you will be able to choose the type of class you would like to attend. Select the green **BOOK** button on your chosen class.



6. Available dates are highlighted with a white circle. Click on the date you want to attend.



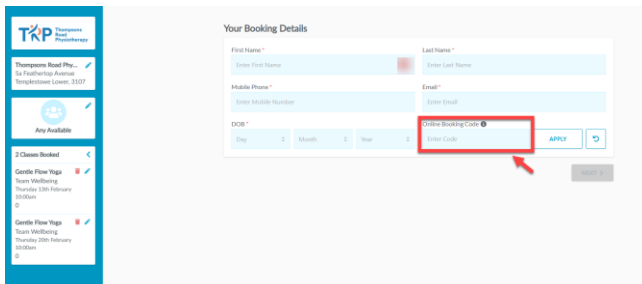
- Once a date is selected it changes colour to green and the class time is displayed. Select your chosen time.



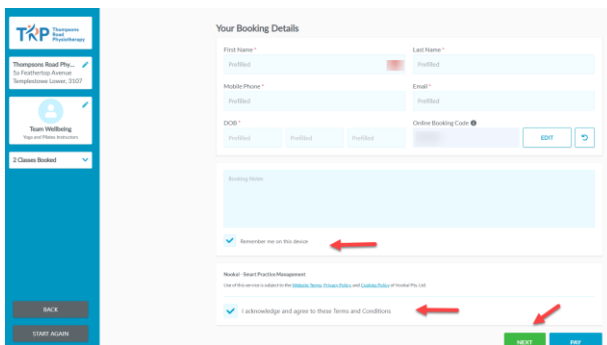
- You have the option of booking into multiple classes.
- If you have attended TRP previously then use your unique Online Booking Code for a seamless booking process. If you do not know this, contact us.

You can then use the same code for future bookings.

If you are a new client, then you will receive your code with your first booking confirmation. Complete all the registration fields.

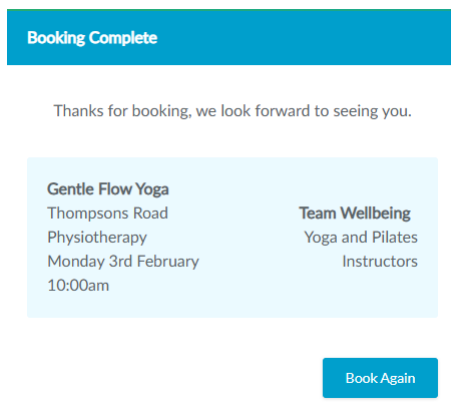
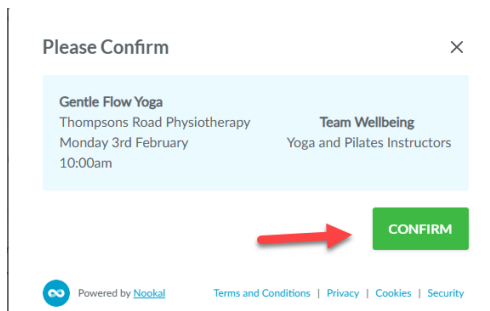


- Follow the prompts regarding any messages and understanding the Terms and Conditions and then click **NEXT**



11. Confirm your booking.

12. You will receive an SMS and/or Email to confirm the booking.



13. Payments will be managed and processed through our Reception/ Administration team who can take payment at Reception or can send you a Stripe link for secure credit card payments.

14. If you have any questions or are unsure about the process, contact our Reception team who will be able to assist with your bookings.